

The Monthly Tooth

Issue 35 | February 2025



Dr Jarlath McAteer

Dear Valued Patients,

As many of you already know, on January 24th 2025, we officially purchased the practice from Ewan. Having worked at the practice for nearly five years most of you will have met one, or both of us. Firstly, we want to express our sincere gratitude for your continued support of the practice and for the many kind words we have received over the past few weeks and months. We are incredibly excited about the future and will do everything we can to ensure you continue to receive the same high-quality care you have come to expect.

We are delighted to announce that the practice will now be called Union Quay Dental. We believe it is important to maintain a strong relationship with the community and the people of North Shields. Therefore, we chose a name that reflects our location and is easily recognisable.



Dr Jamie Drury

Over the next few weeks and months, you will notice changes to the signage and shop front, but this may take some time. More importantly, communication will begin coming from Union Quay Dental, such as emails, invoices, direct debits, etc. If you have any concerns about the legitimacy of any of these communications, please do not hesitate to get in touch with us via email at reception@unionquaydental.co.uk

We are extremely excited about the future and have big plans to modernise the practice and expand the team. We want to continue to grow with your support so you will see lots of new faces over the coming months, some of which you can find inside this edition. We will endeavour to keep you updated as always through the monthly tooth and thank you once again for your continued support.

Kind regards,
Jamie & Jarlath

Meet Janine, Our New Practice Manager



As part of the exciting changes at Union Quay Dental, we are thrilled to introduce our new Practice Manager, Janine. With an impressive 14 years of experience in dental practice management and a background as a qualified dental nurse, Janine is bringing her expertise, leadership, and dedication to our team.

To help you get to know her better, we sat down with Janine to chat about her journey in dentistry and her vision for Union Quay Dental.

A Passion for Dentistry

Q: Can you tell us a little bit about your background and how you got into dentistry?

"I actually started my career as a dental nurse. I've always had a passion for patient care, and working chairside gave me a real appreciation for how important a welcoming and well-organised practice is. Over time, I naturally moved into management roles, as I loved working behind the scenes to ensure everything runs smoothly for both patients and the dental team. Fourteen years later, I'm still in the field and couldn't imagine doing anything else!"

Vision for Union Quay Dental

Q: What are you most excited about in your new role at Union Quay Dental?

"This is such an exciting time for the practice with the rebrand and new management. I'm really looking forward to being part of this journey, helping to modernise the practice, expand the team, and continue to build on the fantastic patient relationships that already exist here. I want to make sure every patient feels valued and confident in the care they receive. That's my number one priority."

Q: Do you have a message for the patients of Union Quay Dental?

"I just want to say how excited I am to be part of the Union Quay Dental team. I've already met some lovely patients, and I'm looking forward to getting to know more of you over the coming weeks. If you ever have any questions or concerns, please don't hesitate to reach out – my door is always open!"

We're Excited for the Future!

Janine's experience and passion for patient care make her a fantastic addition to Union Quay Dental. Whether you're visiting for a routine check-up or a treatment, you'll likely see her around, ensuring everything runs smoothly. Be sure to say hello and give her a warm welcome!

We're thrilled about the journey ahead and can't wait to continue providing the best possible care for our patients. Stay tuned for more updates as we grow and evolve!



Move, Breathe, Connect with Kate Elizabeth Pilates

Have you ever considered that your body's alignment isn't just about teeth? Just like a well-balanced smile, a strong, aligned body can transform how you feel every single day. That's where I come in!

Hi, I'm Kate, a passionate Pilates instructor based just around the corner at Bodhi Studio. I believe movement has the power to uplift, strengthen, and connect us—not just to our bodies, but to the people around us. Whether it's run clubs, beach yoga, or Pilates, I love creating spaces where people can come together and feel their best.

Why Pilates? And Why You?

If you've ever thought, Pilates looks fun, but I'm not sure it's for me, let me stop you right there—Pilates is for EVERYONE.

My classes are designed to help you feel strong, confident, and comfortable in your own body, no matter your starting point.

One of my favourite classes I teach is Bodhi Flow + Stillness—a 45-minute sculpting Pilates session followed by 15 minutes of immersive meditation. It's the perfect blend of movement and mindfulness, leaving you balanced, energised, and deeply connected.

I also offer 1:1 private sessions, tailored to your individual needs, whether you're looking for extra guidance, working through an injury, or simply prefer a more personalised approach.

Exciting Things Ahead!

Beyond studio classes, I also host retreats and am launching a new community group soon (watch this space!).

Come move with me at Bodhi Studio, stay updated by joining my mailing list at **kate-davis@live.co.uk** or connect with me on Instagram **[@kateelizabeth.fit](https://www.instagram.com/kateelizabeth.fit)**

For 1:1 private session please contact me directly via email or Instagram.

If you want your business featured in our newsletter, email reception@unionquaydental.co.uk

How Cutting-Edge Technology is Transforming Patient Care

At Union Quay Dental, we are committed to providing the highest quality care using the latest advancements in dental technology. Two of our most innovative tools, the MODJAW Tech in Motion system and the Medit i900 intraoral scanner, are transforming the way we diagnose and treat patients, ensuring greater precision, efficiency, and comfort.

MODJAW Tech in Motion: Real-Time Jaw Analysis

The MODJAW Tech in Motion system brings 4D digital jaw tracking into everyday dentistry. By capturing real-time jaw movements, it creates a dynamic digital model of a patient's bite and occlusion. This allows us to assess malocclusion, temporomandibular joint (TMJ) disorders, and tooth wear with unmatched accuracy.

With this data, we can provide more precise diagnoses and tailor treatment plans to each patient's functional needs. Whether it's planning orthodontic adjustments, designing restorations, or managing TMJ issues, this technology ensures a higher level of personalised care.

Medit i900 Intraoral Scanner: Fast, Accurate, and Comfortable Scans

Gone are the days of uncomfortable, messy dental impressions. The Medit i900 intraoral scanner provides fast, detailed, and non-invasive digital scans, making patient visits smoother and more efficient.

Weighing only 165 grams, the lightweight scanner offers greater comfort for both patients and clinicians. It features high-resolution 10-bit imaging, capturing precise digital impressions in true colour for superior diagnostics and treatment planning. The expanded field of view and 360° touch interface allow for a seamless experience, reducing appointment times and improving accuracy.

Enhancing Patient Care Through Innovation

By integrating these cutting-edge technologies, we are redefining patient care at Union Quay Dental. The MODJAW system provides unparalleled insight into jaw function, while the Medit i900 scanner enhances comfort and diagnostic accuracy. Together, they allow us to offer more precise treatments, shorter appointment times, and improved patient outcomes.

We are dedicated to staying at the forefront of dental advancements to ensure the best possible care for our patients. If you'd like to experience the benefits of this technology firsthand, **book your appointment today and discover the future of dentistry at Union Quay Dental.**



Celebrating Your Trust: Over 600 Google Reviews & 3,000 Working Feedback Reviews!

Patient satisfaction is at the heart of everything we do. We are incredibly proud to have reached over 600 Google reviews and more than 3,000 Working Feedback reviews – a testament to the trust and confidence our patients place in us.

Your feedback helps us grow, improve, and continue providing the exceptional care and service you deserve. Every review, whether it's about a positive experience, a kind word about our team, or feedback on how we can improve, makes a difference.

We want to say a huge thank you to every patient who has taken the time to share their experience. Your support drives us to keep delivering high-quality, patient-centred care. If you haven't left a review yet and would like to share your thoughts, we'd love to hear from you!

Always treated with respect

You are always treated with respect and they involve you in decision making about treatment that may benefit you.

- Catherine R



Friendly, professional

Emergency appointment with Jamie. Very friendly, very professional, had it sorted in no time.

- Derek B



A very happy patient

I am a VERY nervous patient and can only function for dental treatment in an atmosphere of calm, patience, politeness and care. The service is all of those, and more, and I'm just a very happy patient!

- Neil S



Impressed

Just had a fairly lengthy procedure by Jarlath and was super impressed. This is the following day and all is well with not the slightest discomfort. I think I have quite a small mouth which makes it more difficult for the dentist. Thank you.

- Geoffrey E



Book a free consultation with our reception team.

reception@unionquaydental.co.uk | 0191 259 6506

Transforming Smiles: Incredible Before & After Results at Union Quay Dental

This lady presented wanting an improvement to her smile and was embarrassed to smile following the loss of her front tooth. This patient was managed jointly by our practice principals with Jarlath carrying out the initial orthodontic work to move the teeth into the right position. This was followed by some composite bonding by Jarlath and an implant by Jamie to replace the patient's lost tooth.

If you are interested in having any cosmetic treatment you can book a free consultation with any of our amazing Dentists by calling 0191 259 6506 or emailing reception@unionquaydental.co.uk.



Congratulations to Lauren and Family

We are delighted to share some wonderful news from our team—our amazing dental nurse, Lauren, has welcomed a beautiful baby girl! Born on 20th January 2025, both mum and baby are doing well, and we couldn't be happier for her. We wish Lauren and her little one all the love, joy, and precious moments in this exciting new chapter.



"The end result is fantastic, and I'm delighted to see it finished in time for Christmas 2024 and the North Shields 800 celebrations in 2025." - North Tyneside's deputy mayor, Councillor Carl Johnson

Walkway opens after two years!

A new zig-zag walkway linking North Shields town centre with the Fish Quay has opened to the public.

Work began on the project in 2022 but its completion was delayed due to what the council said were "several challenging areas underground".

NTC described the end result as "fantastic", however, and thanked residents and businesses for their patience during the construction work.

Celebrate Mother's Day with Chocolate & Wine

This hands-on workshop at VineYard72 will teach you how to create delicious chocolates from scratch, perfect for treating your mum or yourself. Unwind and have fun in a cozy setting surrounded by fellow chocolate and wine lovers. Don't miss out on this sweet and savoury experience!

[Buy tickets here.](#)



Get in touch

0191 259 6506

reception@unionquaydental.co.uk

www.unionquaydental.co.uk

The Richard Irvin Building

Union Road

North Shields

Tyne & Wear

NE30 1HR